



**Saskatchewan Unit  
Council for  
Exceptional  
Children**

**You are invited to a  
workshop on October 17/16**

**Eamer Auditorium STF Building  
2317 Arlington Ave. Saskatoon**

# **Educational Implications and Strategies for Anxiety & Executive Functioning**

**Dwaine M. Souveny, M.Sc**

*Dwaine has an interest in working with children with challenges in the areas of social and emotional behaviour with a specific focus on Attention Deficit Hyperactivity Disorder (AD/HD), Fetal Alcohol Syndrome Disorder (FASD) and Anxiety as well as with students with differentiated learning styles and abilities. Dwaine has provided workshops nationally and internationally, which have been evaluated as being dynamic, humorous, thought provoking and filled with practical information.*

**Anxiety** and feelings of helplessness are often characteristics of students with special needs as they recognize they're different from other students. High anxiety extends beyond students who have special needs and is prevalent throughout the student population even with some of the brightest students. "Rush Towards the Roar," emphasizes a strategic approach with specific techniques to embrace the positive aspects and energy of worry and anxiety while dealing effectively with the debilitating aspects.

Are you tired of constantly telling the student what to do, how to do it, when to do it and then repeating this constantly? **Executive functioning** involves processes that provide for the independent completion of tasks and school work. These include planning, organization and time management, attention, working memory, self-regulation and reflection. This session will explore the various facets of executive functioning while providing practical strategies to promote and teach skills for the effective independent completion of tasks.

Register online at [www.saskcec.ca](http://www.saskcec.ca) (Cash, Cheque or purchase orders only accepted) by Oct. 15/2016. Mail cheque along with the names of those registering (SKCEC Workshop—114-542 Pringle Cres. Saskatoon, SK S7T 0W9)

Refunds provided for medical reasons only.

**Questions? please email: [SKCECunit@gmail.com](mailto:SKCECunit@gmail.com)**

**CEC Members: \$100.00**  
**Non-Members: \$175.00**  
**(includes CEC membership)**  
**Students \$125.00**

**Registration 8:30**

**Workshop 9-3:30 (lunch provided)**